



SAGE ELEMENTARY JUMP A-THON

HELP SUPPORT YOUR CHILDS FITNESS CHALLENGE!!

February 7th – 21st, 2018

What is a Jump-A-Thon?

Jumping rope is possibly the most beneficial exercise a person can do! It tones muscles in the entire body, developing long, lean muscles in all major muscle groups, both upper and lower. Jumping rope also optimizes cardiovascular conditioning and athletic skills by combining agility, coordination, timing, and endurance.

I am asking the PE students at Sage Elementary to raise money by collecting pledges for the jump-a-thon through flat donations made to your children for their efforts in jumping. My goal for this year is to, once again, make \$5000.00.

*****Last year's Jump-A-Thon raised over \$8000.00 for Sage Elementary field day, Run/Walk Club, playground and PE equipment which benefits all students.*****

Below is a list of things the donations will be used for in 2018:

- Pay for inflatable adventure equipment and expenses for field day
- General equipment such as: basketballs, soccer balls, four square balls and footballs
- Jump-A-Thon equipment
- Playground equipment—did you know that our students wear out around 100 playground balls each year?!
- Pedometers
- Run/Walk Club—the popularity of this club has grown, with more that 80% of students participating☺

Schedule for Jump-A-Thon

The Jump-A-Thon will be held in PE during the weeks of ***February 7 - 21***. Each class will get the opportunity to jump and be part of the celebration. Parents, the best way to ensure our Jump-A-Thon will be a success is to help your child fundraise and support them in their fitness quest.

Here is a list of some of the great activities that your child will participate in:

Free style jump rope

Long ropes

Double Dutch

Jump competitions

Last jumper standing

Station games

...And much more☺

Instructions

1. Fill out all student information on the pledge sheet accurately and completely.
2. Collect **ONLY** flat donations starting today. Remember to educate donor on the cause you are jumping for, and be sure to say “Thank You!!” to everyone who supports our school. *Cash and checks (payable to SAGE Elementary) are accepted. Please write your student’s name on the Memo line.*
3. Students will jump during their PE class the weeks of February 7-21.
4. All money is due by **FEBRUARY 21st**

Questions? Contact Tracy Pinkerton at 541-316-2830 or tracy.pinkerton@redmondschools.org

Prizes!!!!!!

Prizes will be awarded to students for their hard work in the Jump-A-thon.

- Students who collect \$15.00 will earn a *Sage Elementary Jump-A-Thon t- shirt.*
- Any student raising \$50.00 will be invited to an ALL YOU CAN EAT ice cream and jump party in the gym at Sage, along with the t-shirt.
- Any student raising more than \$100.00 receives a *specialty jump rope* (It will be a different rope from last year), the ice cream party, and t-shirt.
- Top earning student: Selects \$100 worth of sports equipment from Ms. Pinkerton’s fabulous catalogs!!! As well as the t-shirt, ice cream party and jump rope.
- Top Earning Class: *Extra field day time!!!*